## THE GREAT INVOCATION

From the point of Light within the Mind of God, Let light stream forth into the minds of men. Let Light descend on Earth.

From the point of Love within the Heart of God, Let love stream forth into the hearts of men. May Christ return to Earth.

From the centre where the Will of God is known, Let purpose guide the little wills of men -- The Purpose which the Masters know and serve.

From the centre which we call the race of men, Let the Plan of Love and Light work out. And may it seal the door where evil dwells.

Let Light and Love and Power Restore the Plan on Earth.

## How to do Transmission Meditation via link-up

- 1. Sit in a comfortable position, with head upright and spine straight.
- 2. To start the meditation, say "The Great Invocation" with a pause between verses.
- 3. Keep your attention at the ajna center, located between the eyebrows, throughout the meditation.
- 5. If your attention drops or your mind wanders, silently and inwardly think "om" to refocus. Don't *meditate* on "om", but simply use it to refocus when needed.
- 6. Do not direct the energy anywhere. The Masters know where it's needed and direct it scientifically. Our only job is to stay focused.

Thank you for joining us!

For more information about Transmission Meditation visit TransmissionMeditation.org or call 310-444-2978